



## SMA Nigeria Province

### TRIDUUM THEMES FOR THE FEAST OF ST. JOSEPH 16<sup>th</sup> -18<sup>th</sup> March

#### **Preamble**

Joseph is a quiet helper who supports and guides us when we face troubles. Saint Joseph shows that even people who go unnoticed can make a big difference. We should recognize and thank them.



The Bible calls Saint Joseph a 'Just man,' meaning he was righteous, upright, and virtuous. To learn from him, we should follow his example of practicing good habits in our everyday lives, even when no one is watching."

***"Pray often to the Holy Virgin and Saint Joseph,  
the great patron of those in need."***

(The Servant of God, Bishop de Marion Brésillac. Lyon 1856)

## **DAY ONE: Joseph Most Just**

**Scripture Reading:** 2 Corinthians 3:18

*“And all of us, with our unveiled faces like mirrors reflecting the glory of the Lord, are being transformed into the image that we reflect in brighter and brighter glory; this is the working of the Lord who is the Spirit.”*

### **Short Reflection**

Joseph was a very good person who always did the right thing for God. He prayed, worked hard, and loved with all his heart, even when he was a child. Everything he did was for God.

[Silence]

### **Prayer Point:**

- That all our lives and actions reflect the glory of God
- That God grants us divine justice in our lives and in all our battles.

*In the name of the Father....*

- ❖ Come Holy Spirit, fill the hearts of your faithful  
R/ **And kindle in them the fire of your love.**
- ❖ Send forth your Spirit and they shall be created.  
R/**And You shall renew the face of the earth.**

**Let us pray:** O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.

### **Prayer to Saint Joseph**

*Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man. Blessed Joseph, to us too, show yourself a father and guide us in the path of life.*

*Obtain for us..... (mention your intentions here) and also grace, mercy and courage. Defend us from every evil. Amen*

- *Our Father....*
- *Hail Mary (x10)*
- *Glory be to the Father...*

## Litany of Saint Joseph

<i>Lord, have mercy</i>	<i>R/ Lord, have mercy</i>
<i>Christ, have mercy</i>	<i>R/ Christ, have merci</i>
<i>Lord, have mercy</i>	<i>R/ Lord, have mercy</i>
<i>God our Father in heaven</i>	<i>R/ Have mercy on us.</i>
<i>God the Son, Redeemer of the world</i>	<i>R/ Have mercy on us.</i>
<i>God the Holy Spirit</i>	<i>R/ Have mercy on us.</i>
<i>Holy Trinity, one God</i>	<i>R/ Have mercy on us.</i>
<i>Holy Mary</i>	<i>R/ Pray for us</i>
<i>Saint Joseph</i>	<i>R/ Pray for us</i>
<i>Noble son of the House of David</i>	<i>R/ Pray for us</i>
<i>Light of patriarchs</i>	<i>R/ Pray for us</i>
<i>Husband of the Mother of God</i>	<i>R/ Pray for us</i>
<i>Guardian of the Virgin</i>	<i>R/ Pray for us</i>
<i>Foster father of the Son of God</i>	<i>R/ Pray for us</i>
<i>Faithful guardian of Christ</i>	<i>R/ Pray for us</i>
<i>Head of the holy family</i>	<i>R/ Pray for us</i>
<i>Joseph, chaste and just</i>	<i>R/ Pray for us</i>
<i>Joseph, prudent and brave</i>	<i>R/ Pray for us</i>
<i>Joseph, obedient and loyal</i>	<i>R/ Pray for us</i>
<i>Pattern of patience</i>	<i>R/ Pray for us</i>
<i>Lover of poverty</i>	<i>R/ Pray for us</i>
<i>Model of workers</i>	<i>R/ Pray for us</i>
<i>Example to parents</i>	<i>R/ Pray for us</i>
<i>Guardian of virgins</i>	<i>R/ Pray for us</i>
<i>Pillar of family life</i>	<i>R/ Pray for us</i>
<i>Comfort of the troubled</i>	<i>R/ Pray for us</i>
<i>Hope of the sick</i>	<i>R/ Pray for us</i>
<i>Patron of the dying</i>	<i>R/ Pray for us</i>
<i>Terror of evil spirits</i>	<i>R/ Pray for us</i>
<i>Protector of the Church</i>	<i>R/ Pray for us</i>
<i>Lamb of God, you take away the sins of the world</i>	<i>R/ Spare us O Lord</i>
<i>Lamb of God, you take away the sins of the world</i>	<i>R/ Hear us O Lord</i>
<i>Lamb of God, you take away the sins of the world</i>	<i>R/ Have mercy on us</i>

**Let us pray.** *God, in your infinite wisdom and love you chose Joseph to be the husband of Mary, the mother of your Son. May we have the help of his prayers in heaven and enjoy his protection on earth. We ask this through Christ our Lord. Amen.*

- *In the name of the Father...*

## DAY TWO: Joseph Model Loving Worker

**Scripture Reading:** Deuteronomy 28:12

*For you, Yahweh will open his treasury of rain, the heavens, to give your country its rain at the right time, and to bless all your labours. You will make many nations your subjects, yet you will be subject to none.*

### Short Reflection

We should not just think about love; we need to work hard to show it. Helping others, for Joseph, meant working directly for God. The hard work he did was full of meaning because it was all done to provide food, clothing, and shelter for God Himself.

[Silence]

### Prayer Points:

- That God bless the work of our hands
- That our work may bring us and others true fulfilment.

*In the name of the Father....*

- ❖ Come Holy Spirit, fill the hearts of your faithful  
R/ **And kindle in them the fire of your love.**
- ❖ Send forth your Spirit and they shall be created.  
R/ **And You shall renew the face of the earth.**

**Let us pray:** O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.

## Prayer to Saint Joseph

*Hail, Guardian of the Redeemer, Spouse of the Blessed Virgin Mary. To you God entrusted his only Son; in you Mary placed her trust; with you Christ became man. Blessed Joseph, to us too, show yourself a father and guide us in the path of life.*

*Obtain for us..... (mention your intentions here) and also grace, mercy and courage. Defend us from every evil. Amen*

- *Our Father....*
- *Hail Mary (x10)*
- *Glory be to the Father...*

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<i>God the Holy Spirit</i>	<i>R/ Have mercy on us.</i>
<i>Holy Trinity, one God</i>	<i>R/ Have mercy on us.</i>
<i>Holy Mary</i>	<i>R/ Pray for us</i>
<i>Saint Joseph</i>	<i>R/ Pray for us</i>
<i>Noble son of the House of David</i>	<i>R/ Pray for us</i>
<i>Light of patriarchs</i>	<i>R/ Pray for us</i>
<i>Husband of the Mother of God</i>	<i>R/ Pray for us</i>
<i>Guardian of the Virgin</i>	<i>R/ Pray for us</i>
<i>Foster father of the Son of God</i>	<i>R/ Pray for us</i>
<i>Faithful guardian of Christ</i>	<i>R/ Pray for us</i>
<i>Head of the holy family</i>	<i>R/ Pray for us</i>
<i>Joseph, chaste and just</i>	<i>R/ Pray for us</i>
<i>Joseph, prudent and brave</i>	<i>R/ Pray for us</i>
<i>Joseph, obedient and loyal</i>	<i>R/ Pray for us</i>
<i>Pattern of patience</i>	<i>R/ Pray for us</i>
<i>Lover of poverty</i>	<i>R/ Pray for us</i>
<i>Model of workers</i>	<i>R/ Pray for us</i>
<i>Example to parents</i>	<i>R/ Pray for us</i>
<i>Guardian of virgins</i>	<i>R/ Pray for us</i>
<i>Pillar of family life</i>	<i>R/ Pray for us</i>
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<i>Terror of evil spirits</i>	<i>R/ Pray for us</i>
<i>Protector of the Church</i>	<i>R/ Pray for us</i>
<i>Lamb of God, you take away the sins of the world</i>	<i>R/ Spare us O Lord</i>
<i>Lamb of God, you take away the sins of the world</i>	<i>R/ Hear us O Lord</i>
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**Let us pray:** O, God, who by the light of the Holy Spirit, did instruct the hearts of the faithful, grant that by the same Holy Spirit we may be truly wise and ever enjoy His consolations, Through Christ Our Lord, Amen.

- *In the name of the Father....*

## DAY THREE: Joseph Most Faithful

**Scripture Reading:** Lamentations 3:22-23

*Surely Yahweh's mercies are not over, his deeds of faithful love not exhausted. Every morning, they are renewed; great is his faithfulness!*

### Short reflection

Fidelity means being loyal and faithful. In life's ups and downs, we need steadfast love, also known as fidelity, to get through confusion, suffering, and failure. Let us think of Joseph finding a place for the Child to be born—this was his life's journey. Failure was just a step along the way, helping him discover what God intended for him and his life's purpose.

**Prayer Point:** That may bless us with the grace of faith and faithfulness

[Silence]

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R/ ***And kindle in them the fire of your love.***
- ❖ Send forth your Spirit and they shall be created.  
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